



NIKITA'S SPEAKING TOPICS

Avoiding the **WAH** (Work at Home) Mindset

Work at home professionals are familiar with a sort of "blues" that Nikita affectionately calls the "Waah!" mindset. From crying infants to dissipating energy levels and feelings of isolation, Nikita helps you implement effective strategies for warding off WAH in your home office.

Leveraging the **POWER** of Virtual Teams

Companies and entrepreneurs alike are discovering the intrinsic value of high-performing virtual teams. Nikita shows you why they work and how to implement and optimize virtual teams to lower your operational costs and increase your employee / customer satisfaction.

Quit Talking & **Start Doing**: Fearless Decision Making in a Virtual World

Absent the "instant access" to support in a traditional office, many virtual workers are paralyzed by fears of making the wrong decision. Nikita shares concepts and techniques that will help you gain confidence in your decision making.

SuperMOM: **Balancing** Work & Family

Any parent will tell you, child rearing is an endless job. So, how can you fit in a second full-time responsibility as a work at home professional? In this presentation, Nikita explores four time-tested practices geared toward slowing the pendulum.

Call toll-free 1.888.307.9996 today to invite Nikita to speak at your next conference, workshop or corporate training event.

